



FEDERAL MINISTRY OF HEALTH



NIGERIA CENTRE FOR DISEASE CONTROL

CORONAVIRUS DISEASE (COVID-19)

PREVENTION



KADUNA STATE
MINISTRY OF HEALTH



Wash your hands regularly and thoroughly with soap and running water or use alcohol-based sanitizer if water is not available



Cover your mouth and nose with your bent elbow or tissue paper when you cough or sneeze. Dispose the tissue paper into a waste bin and wash or sanitise your hands



Avoid touching your face especially, eyes, nose and mouth with unwashed hands



2 metres

Maintain at least 2 metres (6 feet) distance between yourself and other people including anyone who is coughing or sneezing



If you have recently travelled to a city, state or country with COVID-19 outbreak and you have a fever, cough or breathing difficulty, call the state hotline below



Avoid contact with people for at least 14 days if you have travelled recently to a city, state or country with COVID-19 or come in contact with confirmed cases

Contact us via:

NCDC Toll-Free Number: 080097000010

SMS: 08099555577 / Whatsapp: 07087110839 / Mobile: 07036708970

Twitter/Facebook: @NCDCgov www.ncdc.gov.ng

Kaduna State COVID-19 Call Center

08051217710 09058008251

08118588175 08118588176

09032102632 09087992015

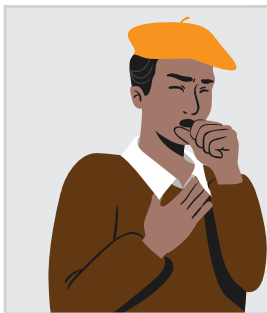
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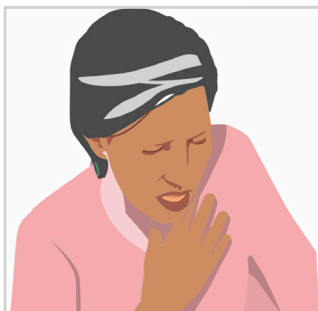
If you returned recently from any city, state or country with community transmission of Coronavirus disease (COVID-19) in the last 14 days and have these symptoms



FEVER



COUGH



DIFFICULTY IN BREATHING

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